

Use this daily Transformation Journal to learn how to study the Bible for yourself. Pray before you begin and ask God to bless you with insight and discernment as you ponder and respond to the



Psalm 46 (NASB)

¹God is our refuge and strength,
A very present help in trouble.
²Therefore we will not fear,
though the earth should change
And though the mountains slip into the
heart of the sea;
³Though its waters roar and foam,
Though the mountains quake at its
swelling pride. Selah.
⁴There is a river whose streams make
glad the city of God,
The holy dwelling places of the Most High.

⁵God is in the midst of her, she will not be
moved; God will help her when morning dawns.
⁶The nations made an uproar, the kingdoms tottered;
He raised His voice, the earth melted.
⁷The LORD of hosts is with us;
The God of Jacob is our stronghold. Selah.
⁸Come, behold the works of the LORD,
Who has wrought desolations in the earth.
⁹He makes wars to cease to the end of the earth;
He breaks the bow and cuts the spear in two;
He burns the chariots with fire.
¹⁰"Cease striving and know that I am God;
I will be exalted among the nations, I will be exalted in the earth."
¹¹The LORD of hosts is with us;
The God of Jacob is our stronghold. Selah.

Sermon Notes

Monday, January 4th

The Bible, known and accepted as the written word of God, is an important way God communicates with people in order to develop their relationship with God and to give life direction. Jesus demonstrated the importance of God's word by strategically quoting from the Old Testament throughout his earthly ministry.

Deuteronomy 8:1-11 & Matthew 4:1-11

According to Deuteronomy 8, what did God promise God's people if they obeyed God's instructions (commands and laws) as written in the Scriptures?

Think of a time when, as it did for Jesus in the wilderness, God's word came alive and made a strong difference as you faced a difficult situation or temptation. What happened?

Tuesday, January 5th

The Holy Spirit actually comes to live within you when you open your life and heart to Jesus. The presence of the Spirit makes a personal relationship with God possible, and all of life begins to change, including your ability to grasp the meaning of God's written word and apply it to your daily living.

1 Corinthians 2:6-16 & Psalm 119:1-16

According to 1 Corinthians 2, what effect does the Holy Spirit have in helping you understand spiritual truths from the Bible?

From Psalm 119, list at least three transforming results that happen in your life as you internalize the Bible's message (here also called statutes, precepts, laws, and commands).

